

## MINIMUM PERSONAL EQUIPMENT LIST

The following equipment is commonly compiled to form what is referred to as a "24-hour ready pack". Such a pack holds those items that would allow the holder to function in a safe, effective and efficient manner during a SAR incident. Some items may be carried on a belt, in pockets, or strapped to the person. This equipment should be carried on all missions in rural or wilderness areas and is considered the minimum amount. Consult a physician for recommendations about analgesics and other drugs you may carry in the SAR pack. This list is based on the revised SAR Ready Pack standards published by NASAR, January 1, 2014.

### **Personal First Aid and Survival Kit**

- 1 - Plastic bag, zip lock, qt. size, for kit
- 4 - Acetaminophen or aspirin tablets
- 4 - Antacid tablets
- 2 - Antiseptic cleansing pads
- 1 - Antiseptic ointment
- 6 - Band aids, various sizes
- 1 - Candle, long burning/ Survival Type
- 2 - Cotton swabs, non sterile
- 1 - Duct tape, 5-10 ft.
- 1 - Leaf bag, large

- 8 - Matches in a waterproof container
- 1 - Moleskin
- 1 - Chemical Light Stick
- 1 - Roller gauze bandage
- 2 - Safety pins, large
- 1 - Splinter forceps, tweezers
- 1 - Space type blanket or space type sleeping bag
- 1 - 1 oz container of hand sanitizer
- 1 - Whistle

### **(Non-UDF) Personal SAR Equipment**

- 1 - Pack, 2,400 cubic inch (minimum)
- 4 - Bags, various sizes, zip locked
- 1 - Bandanna, handkerchief
- 1 - Cap or other headgear
- 2 - Carabiners, locking gate (F1956 compliant minimum)
- 1 - Clothes bag, waterproof
- 1 - Uniform, adequate for climate (worn)
- 1 - Uniform, extra set, suitable for climate
- 1 - Compass, orienteering type
- 1 - Flagging tape, roll
- 1 - Flashlight or headlamp w/extra batteries and bulb (bulb if applicable)
- 1 - Extra Flashlight or headlamp w/extra batteries and bulb (bulb if applicable)
- 1 - Authorized footwear, sturdy, adequate for climate
- 1 - Gloves, durable, season dependent
- 1 - Eye protection, clear
- 1 - Insect repellent
- 1 - Knife, multi-tool type or swiss army type
- 1 - Lip balm, with sunscreen
- 1 - EMT type scissors

- 1 - Measuring device, 18 in. minimum
- 1 - Metal cup or pot
- 1 - Mirror, signal
- 1 - Nylon twine or small rope, 50 feet
- 1 - Pad and pencil
- 2 - Prusik cords (6mm – 8mm; 6 ft. length)
- 1 - Rainwear, durable/ breathable
- 1 - CAP 101 Card
- 1 - Shelter Material, 8x10 plastic or coated nylon
- 2 - Extra leaf bags
- 1 - Socks, extra pair
- 1 - Sunscreen lotion
- 1 - Food, minimum 1 days worth
- 1 - Toilet Paper
- 1 - Tracking stick, 42" long
- 1 - Watch
- 2 - Water separate containers, at least 1 liter size each
- 1 - Webbing, 1" tubular – 25' length
- 8 - Wire ties, plastic, self locking
- 1 - Foam (Sleeping Pad)
- 1 - CAP-Approved safety vest

## MINIMUM PERSONAL EQUIPMENT LIST cont.

### Optional Personal Support Equipment Recommended by Not Required

- |                                    |                            |
|------------------------------------|----------------------------|
| 2 - Antihistamine, 25mg Benadryl   | 1 - Rain cover, pack       |
| 1 - Sterno or stove                | 1 - Extra water container  |
| 1 - Sun glasses, 97% UV protection | 1 - Sewing Kit             |
| 1 - Trail snacks                   | 1 - GPS                    |
| 1 - Saw, folding                   | 1 - Aluminum Foil          |
| 1 - Bivy Sack                      | 1 - Smoke Signal           |
| 1 - Strobe Light                   | 1 - Water purification *** |

\*\*\* Acceptable means of water purification- Chemical, Filtration or UV

The following requirements are for an **Urban Direction Finding UDF pack**. This should always be carried when on UDF missions.

### Personal First Aid and Survival Kit (Same as in the 24-hour pack.)

#### (Urban) Personal SAR Equipment

- |  |  |
|--|--|
| <b>1 - Backpack or other, 600-1200 cubic inch</b>                          | 1 - Mirror, small                          |
| 4 - Bags, various sizes, zip locked  | 1 - Rain gear, durable/ breathable         |
| 1 - Bandanna, handkerchief   | 1 - CAP 101 Card                           |
| 1 - Approved headwear  | 1 - Small pad and pencil                   |
| 1 - Uniform, adequate for climate  | 1 - Sunglasses, 97% UV protection          |
| 1 - Compass, orienteering  | 1 - Sunscreen lotion                       |
| 1 - Flagging tape, roll  | 1 - Tissue paper or baby wipes             |
| 1 - Flashlight or headlamp w/extra batteries and bulb (bulb if applicable) | 1 - Tracking stick, 42" long               |
| 1 - Knife, multi-tool type or swiss army type                              | 1 - Watch                                  |
| <b>1 - Map</b> (DeLorme or similar)  | 1 - Water container, at least liter size   |
| <b>\$10 - in miscellaneous bills and change</b>                            | 1 - Footwear, sturdy, adequate for climate |
|  | 1 - CAP-Approved safety vest               |

(Items **bolded** above are variances from the non-urban pack list)

This list is not all-inclusive but provides a baseline set of equipment required by all Ground SAR personnel for personal safety and efficiency. This list is based on the National Association for Search and Rescue (NASAR) Search and Rescue Technician level II (SAR TECH II) equipment list, but has deleted the requirement for an additional set of clothes and added personal medications.

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